

Welcome!

Welcome to our “No Shushing” Havdalah Service

This Havdalah ceremony is co-hosted by Congregations Har HaShem and Bonai Shalom. Everyone can feel comfortable to be who they are and to do whatever feels right to them in terms of moving around or talking. The only rule is “no shushing!”

Why do we need such a service?

For many people and families, attending services is a challenge. Some people with disabilities have trouble sitting still, being quiet and managing all the different sensations like lights, sounds, even textures and tastes. To manage all of these sensations, people might need to move around, make a little noise, jump or flap their hands.

Some people may feel self conscious about tending to a family member. At this service we'd like them to feel totally comfortable.

The Inclusion Committees

Congregation Har HaShem and Congregation Bonai Shalom Inclusion Committees organized this service. Our shared mission is to support meaningful inclusion of people with disabilities in all aspects of Jewish life at our synagogues. For more information or to give feedback on this service, please contact Susan Glairon from Har HaShem at sglairon@comcast.net or Judy Megibow from Bonai Shalom at judy@megibow.com



Congregation Har HaShem הר השם

